

SPECIALIZED PROGRAMS

FALL 2025



FRIGHT NIGHT BALL
ON PAGE 16



Seattle
Parks & Recreation



EXPLORE MORE!

www.seattle.gov/parks

GENERAL INFORMATION

WHERE TO FIND US

Specialized Programs - 206-684-4950
Magnuson Building 30
6310 NE 74th St.
Seattle, WA 98115
www.seattle.gov/parks/find/specialized-programs

PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent
Aphrodyi Antoine, Recreation Division Director
Kyle Bywater, OOC Matrix & Partnership Manager

RECREATION STAFF

TBD, Recreation Program Coordinator
Dorothy Rake, OOC Youth Sr. Recreation Specialist
Hannah White, OOC Adult Sr. Recreation Specialist
Maiya Buettner-Johansen, Recreation Leader
Ky Krogh, Recreation Leader
Hanna O'Donnell, Recreation Attendant

INCLEMENT WEATHER/ CANCELLATION POLICY

If Seattle Public Schools are closed due to weather, our programs will also be canceled. Programs could also be canceled due to short staff or safety concerns. Specialized Programs will contact you before programs to let you know of any cancellations. For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council approves City budget each year. Please visit www.seattle.gov/parks for updated information.



CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.

GENERAL INFORMATION

NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- Please only bring food to programs when asked to bring a sack lunch.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in-person programs since 2022, the PIF we have on file is still good. If there are updates staff should be aware of, please submit a new PIF. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://www.seattle.gov/parks/find/specialized-programs>

REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDCCS/DDA Respite Care or have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90% if funds are available.

PAYMENT

Please make checks payable to “City of Seattle”. Mail to: Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle, WA 98115. Due Monday, September 15.

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REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event, or program that is canceled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

PERSONS WITH DISABILITIES

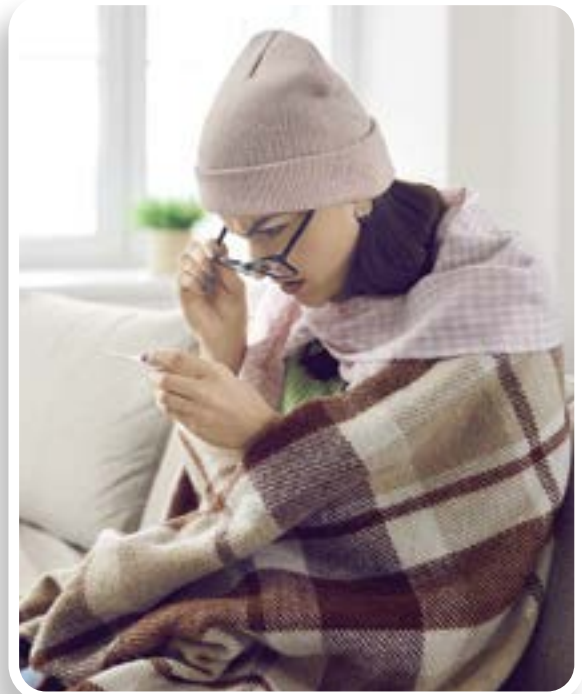
Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids, or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Cough/Congestion/running nose - not related to seasonal allergies
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.



SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.

REGISTRATION INFORMATION

► **YOUTH, TEEN, TRANSITION:** Registration begins on **Tuesday, September 2 at 8 a.m.**

Email PKS_Specialized_Programs@seattle.gov to register for the programs below. After your registration email is received and processed, you will get a confirmation email back from staff. No registrations can be taken before Tuesday, Sept. 2 at 8 a.m. Participants are limited to one program per day unless a Special Event is being held.

YOUTH (Ages 4-21) *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Sensory Friendly Saturdays	Tuesday, Sept. 2 at 8 a.m.	

TEEN (Ages 12-21) *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Teen Social	Tuesday, Sept. 2 at 8 a.m.	Can sign up for 3 and wait list for 2.
Saturday Activities	Tuesday, Sept. 2 at 8 a.m.	Can sign up for 1 and wait list for 1.

TRANSITION (Ages 16-30) *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Pottery	Tuesday, Sept. 2 at 8 a.m.	Space is limited to 10 participants.
Afternoon Hangout	Tuesday, Sept. 2 at 8 a.m.	
Art Club	Tuesday, Sept. 2 at 8 a.m.	
Fright Night Ball	Call when you receive brochure.	Special event Oct. 24.

► **ADULTS:** Participants are limited to one program per day unless a Special Event is being held. **Registration starts at 8 a.m. on the dates listed below.** To register please call the Specialized Programs Office at **206-684-4950** and leave a voicemail. All calls will be forwarded to voicemail, please leave a message with the participants name, what they want to sign up for and be wait listed for, and a call back number. Staff will email you a confirmation of the programs you are registered for at the end of registration week.

ADULT (Ages 21 and Up) *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Sunshine Social	Monday, Sept. 8 at 8 a.m.	Can sign up for 1 of 4 sessions.
Fitness with Friends, Health	Tuesday, Sept. 9 at 8 a.m.	Can sign up for 1, not both.
Pottery	Wednesday, Sept. 10 at 8 a.m.	
Fright Night Ball	Call when you receive brochure.	Special event Oct. 24.
Friday Night Hangout	Wednesday, Sept. 10 at 8 a.m.	Oct. 17, Nov. 21. Choose 1, not both.

► **PAYMENT:** Please make checks payable to “**City of Seattle**”.

► **MAIL TO:** Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle, WA 98115.

► **Due Monday, September 15.**



SENSORY FRIENDLY SATURDAYS

A program for participants ages 4 - 21.

Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child's strengths to promote independence. This program is designed for youth who need a HIGH level of support to transition, complete activities, and socialize. (Please discuss with staff if this program is appropriate for your child.)

Registration: Once spots fill, all others will be on the wait list. Refer to page 5 for registration information.

Note: Between **Sensory Friendly Saturdays** and **Saturday Activities** (page 8), for this quarter, you can only pick one of these programs, not both.

Bring: Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays, Oct. 18, 25, and Nov. 1	9:30 a.m. - 1:30 p.m.	Garfield Teen Life Center 428 23rd Ave. Seattle, 98122	▶ \$60

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9:45 a.m.	Pick-Up Window: 1:15 - 1:45 p.m.



TEEN SOCIAL

A program for participants ages 12 - 21.

Let's get out into the community and have a fun Friday night! Participants will experience different activities around Seattle while focusing on socializing and experiencing new things. 1 on 1 supervision is not provided.

Registration: Participants can sign up for 3 dates and wait list for 2. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays: Sept. 26 - Dec. 5 If 16 or over, check out the Fright Night Ball on Friday, Oct. 24 (see back page of brochure for information)	4:30 - 8:30 p.m.	North End Drop-Off/Pick-Up: 8061 Densmore Ave. N Seattle, 98103 South End Drop-Off/Pick-Up: Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	8061 Densmore Ave. N ONLY Pick-Up Window: 8:30 - 9 p.m.

Sept. 26: Movie and Dinner. Come enjoy dinner with friends and watch a film together. ▶ \$25

Oct. 3: Paint-a-Pumpkin. We will grab our paints and get creative while decorating pumpkins just in time for Halloween! ▶ \$25

Nov. 7: Rollerskate and Dinner. We will be taking a trip to a local rollerskating rink to move and groove to some rockin' music! ▶ \$40

Nov. 14: Friendsgiving. We will make a big meal together with all of our friends and enjoy it for our annual Friendsgiving dinner, ▶ \$15

Dec. 5: Snowflake Lane. Come get in the winter spirit as we visit Snowflake Lane in Bellevue. ▶ \$25



SATURDAY ACTIVITIES

A program for participants ages 12 - 21.

Registration: Participants can sign up for 1 and wait list for 1. Refer to page 5 for registration information.

Note: Between **Sensory Friendly Saturdays** (page 6) and **Saturday Activities**, for this quarter, you can only pick one of these programs, not both.

Bring: Sack lunch and drink



Dates	Times	Locations	Cost
Saturdays: Sept. 27, Oct. 4, Nov. 15	9 a.m. - 2 p.m.	North End Drop-Off: 8061 Densmore Ave. N Seattle, 98103 South End Drop-Off: Jefferson Community Center 3801 Beacon Ave. S, Seattle, 98108	Please bring cash day of; amount in descriptions
Access Drop-Off Time		Access Pick-Up Window*	
Drop-Off Appointment Time: 9 a.m.		*8061 Densmore Ave. N <u>ONLY FOR EVERYONE</u> , not just Access. Pick-Up Window: 2 - 2:30 p.m.	



Sept. 27: Stroll and Bowl. Join us as we go bowling for part of the day and take a stroll around a local park for the other part of the day! Please pack a sack lunch for this outing. ▶ \$25

Oct. 4: Brunch and Books. Who doesn't love to have a nice morning with friends eating brunch on a Saturday morning. After eating brunch, we will make our way to a bookstore where you can pick out a book to take home! ▶ \$40

Nov. 15: Pacific Science Center. Come engage in some science action at the PacSci! We will have a chance to explore exhibits and have an immersive experience during our visit. ▶ \$25

POTTERY

A program for participants ages 16 - 30.

Let's create something! In this class, a pottery instructor will teach us hand building clay pottery techniques such as coil, slab, and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

Registration: Space is limited to 10 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Mondays, Sept. 22 - Dec. 1 No program Oct. 13, Nov. 24	4:30 - 5:30 p.m.	Ballard CC 6020 28th Ave. NW Seattle, 98107	▶ \$45

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	Pick-Up Window: 5:30 - 6 p.m.



AFTERNOON HANGOUT

A program for participants ages 16 - 30.

Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Tuesdays: Sept. 23 - Dec. 2 No program Nov. 11, Nov. 25	4 - 5:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	▶ \$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:15 p.m.	Pick-Up Window: 5:15 - 5:45 p.m.

ART CLUB

A program for participants ages 16 - 30.

Come and join art club where we will bring out our artistic side! We will be using different techniques and materials as we progress through each class. Come and make something spectacular!

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Thursdays, Oct. 2 - Dec. 4 No program Nov. 27	5 - 6:30 p.m.	Miller Community Center 330 19th Ave. E Seattle, 98122	▶ \$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5:15 p.m.	Pick-Up Window: 6:15 - 6:45 p.m.

FRIGHT NIGHT BALL!

Please see back page for information on this program. Refer to page 5 for registration information.



ADULT PROGRAMS

FOR AGES 21 AND OLDER

Please call Specialized Programs at 206-684-4950 starting on the time/dates listed on page 5. Please let us know if you are using Access and if you are using DDCS/DDA Respite Care or have qualified for a scholarship.

NOTE: New Registration System for Adults. To register, please call the Specialized Programs Office at the time of registration and leave a voicemail. All calls will be forwarded to voicemail. Be sure to leave a message with the participant's name, the program they wish to sign up for, any wait list requests, and a callback number.

NEW! Staff will email you a confirmation of the programs you are registered for at the end of registration week.

PAYMENT INFORMATION:

Payments due by **Monday, September 15**

Payments for classes can be made by credit card OR check.

Please made check payable to: **City of Seattle**

MAIL CHECKS TO:

SPECIALIZED PROGRAMS

Magnuson Building 30

6310 NE 74th St, Seattle, WA 98115



POTTERY

Let's create something! In this class, a pottery instructor will teach us hand building clay pottery techniques such as coil, slab, and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

Registration: Space is limited to 10 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Mondays, Sept. 22 - Dec. 1 No program Oct. 13, Nov. 24	2:30 - 3:30 p.m.	Ballard Community Center 6020 28th Ave. NW Seattle, 98107	▶ \$45
Access Drop-Off Time		Access Pick-Up Window	
Drop-Off Appointment Time: 2:30 p.m.		Pick-Up Window: 3:30 - 4 p.m.	

FITNESS WITH FRIENDS

A movement-based program where we stretch, play games, and work on building strength through a consistent fitness routine. All activities can be adapted to meet participant's mobility levels.

Registration: You may register for 1 of the 3 sessions. Sign up for either Fitness with Friends or Health, not both. Refer to page 5 for registration information.



SESSION 1

Dates	Times	Locations	Cost
Tuesdays, Sept. 23 - Dec. 2 No program Nov. 11, Nov. 25 *sign up for Fitness or Health	10 - 11:15 a.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$15
Access Drop-Off Time Drop-Off Appointment Time: 10 a.m.		Access Pick-Up Window Pick-Up Window: 11 - 11:30 a.m.	

SESSION 2

Dates	Times	Locations	Cost
Tuesdays, Sept. 23 - Dec. 2 No program Nov. 11, Nov. 25 *sign up for Fitness or Health	Noon - 1:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$15
Access Drop-Off Time Drop-Off Appointment Time: 12 p.m.		Access Pick-Up Window Pick-Up Window: 1 - 1:30 p.m.	

SESSION 3

Dates	Times	Locations	Cost
Tuesdays, Sept. 23 - Dec. 2 No program Nov. 11, Nov. 25 *sign up for Fitness or Health	2 - 3:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$15
Access Drop-Off Time Drop-Off Appointment Time: 2 p.m.		Access Pick-Up Window Pick-Up Window: 3 - 3:30 p.m.	

SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

Registration: Call the Specialized Programs Office at 206-684-4950. Sign up for 1 of the 4 sessions. Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Wednesdays, Sept. 24 - Dec. 2 No program Nov. 26	Session 1: 10 a.m. - noon Session 2: 1:30 - 3:30 p.m.	Rainier Beach Community Center 8825 Rainier Ave. S Seattle, 98118	▶ \$40

Dates	Times	Locations	Cost
Thursdays, Oct. 2 - Dec. 5 No program Sept. 25, Nov. 27	Session 1: 10 a.m. - noon Session 2: 1:30 - 3:30 p.m.	Bitter Lake Community Center 13035 Linden Ave. N Seattle, 98133	▶ \$40

SESSION 1 Access Drop-Off Time	SESSION 1 Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.

SESSION 2 Access Drop-Off Time	SESSION 2 Access Pick-Up Window
Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.

▶ **NOTE: New Registration System for Adults.** To register, please call the Specialized Programs Office at the time of registration and leave a voicemail. All calls will be forwarded to voicemail. Be sure to leave a message with the participant's name, the program they wish to sign up for, any wait list requests, and a callback number. Staff will email you confirmation at the end of registration week.

HEALTH

We will start each program with active time in the gym and learn about nutrition and wellness. We will not be making food in this program this quarter. Activities will be adapted to meet various mobility levels.

Registration: Refer to page 5 for registration information.

Important Information: Sign up for Health or Fitness.

Dates	Times	Locations	Cost
Fridays, Sept. 26 - Dec. 5 No program Nov. 28 *sign up for Health or Fitness	1 - 3 p.m.	Van Asselt Community Center 2820 S. Myrtle St. Seattle, 98108	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 1:15 p.m.	Pick-Up Window: 2:45 - 3:15 p.m.





FRIDAY NIGHT HANGOUT!

Come hang out and have dinner with your friends on a Friday night! For this event we will be meeting at a community center to socialize with friends, play games, and make memories. Dinner will be provided for this program.

Registration: May choose 1 of the 2 programs, but not both. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Friday, Oct. 17 - Bingo and Pizza	5:30 - 8 p.m.	Delridge Community Center 4501 Delridge Way SW Seattle, WA 98106	▶ \$15
Friday, Nov. 21 - Friendsgiving	5:30 - 8 p.m.	Montlake Community Center 1618 E. Calhoun St. Seattle, WA 98112	▶ \$15

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.

SPECIALIZED PROGRAMS

Magnuson Building 30
6310 NE 74th St.
Seattle, WA 98115
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FRIGHT NIGHT BALL

For Specialized Programs participants ages 16 and older.
Join us for a night of dancing and fun with friends!
Wear a costume if you want but not required. Snacks will be provided.

Registration: Call the Specialized Programs Office
at 206-684-4950 anytime. Refer to page 5 for registration information.

Friday, Oct. 24 from 6:30 - 8 p.m.

Cost: \$15 per person

Delridge Community Center

4501 Delridge Way SW, Seattle, WA 98106

Access Drop-Off Appointment Time: 6:45 p.m.

Pick-Up Window: 7:45 - 8:15 p.m.